



**Advanced Orthopedic  
& Sports Medicine Specialists**

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Bone Health Clinic Celebrates One Year Anniversary**

*Specialized Clinic Has Seen a 50% Increase in Osteoporosis Evaluations in the Past Year*

**DENVER – Oct 23, 2019** – Advanced Orthopedic & Sports Medicine Specialists marked its first anniversary of service to the Colorado community for its specialized Bone Health Clinic this month. Osteoporosis causes more than 8.9 million fractures annually – that’s one every three seconds. The specialized clinic provides osteoporosis management programs, tailored to each individual patient, and is home to three certified specialists who are committed to help the region change these trends:

- [Dr. Cary Motz](#)
- [Sarah Davis, PA C, MBA](#)
- [Angelina Waller, PA-C](#)

“As one of the top orthopedic practices in the Rockies, we are committed to bone health and the management of osteoporosis,” said Dr. Motz. “Osteoporosis – and the fractures that come from it – are preventable and treatable. Colorado’s active population need not be impacted at the alarming national osteoporosis rate, but, because there typically are no symptoms in the early stages, it’s important to be evaluated.”

As people age, they lose bone density and bones become weaker. The National Osteoporosis Foundation [estimates](#) that half of women over the age of 50 will break a bone due to osteoporosis. And data shows that after experiencing a fracture due to osteoporosis, people are 86% more likely to have another fracture in the next year.

As Coloradans continue to be more active in their senior years, they need modern resources to support their healthy, active lifestyles. The bone health specialists at Advanced Orthopedic & Sports Medicine Specialists provide bone health evaluations and a variety of treatment options that help patients live full and active lives without the interruption of fractures or osteoporosis.

**About Advanced Orthopedics & Sports Medicine Specialists**

The premier orthopedic practice for Coloradans who love to be active, Advanced Orthopedics & Sports Medicine Specialists is home to top doctors in their fields of expertise. The team educates, prepares and supports patients from diagnosis through recovery and offers a full continuum of care – from physical therapy to non-surgical options to advanced surgery – for orthopedic injuries and conditions ranging from knees, hips, shoulders, backs, hands and feet. Learn more at [advancedortho.org/](http://advancedortho.org/) or [facebook.com/AdvancedOrthoColorado](https://facebook.com/AdvancedOrthoColorado).